

# TEAMBIRTH

## Enhancing the safety and care experience of every patient and family



### PERSONAL PREFERENCES

#### Your body, your birth

What's important to you, is important to us. Share your personal and cultural preferences, experiences and symptoms.



### YOUR CARE TEAM

Collaborating with you and your birthing support team every step of the way

We will keep you informed throughout the labor and delivery process, and ensure your personal preferences and needs are included in the plan.



### HUDDLES

Keep everyone up-to-date on labor progress and next steps

Ongoing huddles will keep you, your birthing support team, and all members of the care team aware of recent progress and guide the plan moving forward.



## THE TEAMBIRTH COMMITMENT

During your labor and birth, you are the center of your care team, which:

- Reduces your uncertainty and anxiety
- Ensures your personal wishes are respected and you are treated with dignity
- Leads to an overall positive, satisfying experience